He Ara Oranga wellbeing outcomes framework
Indicators and data sources

Indicators will be regularly reviewed as suitable data is made available. The listed data sources are a starting point that will be complimented by other forms of data insights informed by communities.

**Wellbeing from a te ao Māori perspective**

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| **Outcome concept** | **Indicator** | **Source** |
| **Tino rangatiratanga me te mana Motuhake** |
| Māori exercise authority and make decisions about how to flourish. Tino rangatiratanga is expressed in many self-determined ways. | The proportion of Māori adults who were registered with their iwi | Te Kupenga |
| The proportion of those eligible who voted in an iwi election in the last three years |
| Growth in the Māori economy, between 2013 and 2018 | Te Ōhanga Māori |
| **Whakaora, whakatipu, kia manawaroa** |
| Beauty of Māori culture is celebrated and shared by all New Zealanders and globally.  | The proportion of people who agree or strongly agree that government should encourage and support the use of Māori in everyday situations  | General Social Survey |
| The proportion of people who agree or strongly agree that all people in New Zealand should understand te reo Māori and English  |
| The proportion of Māori who think it is very important or quite important to be involved in things to do with Māori culture  | Te Kupenga |
| The proportion of Māori who think spirituality/taha wairua is very or quite important  |
| Māori express connection through awhi mai, awhi atu and the use of te reo me ōna tikanga, every day; starting from infancy.  | The proportion of all Māori students who are enrolled in kura kaupapa Māori and kura teina  | Māori Language in SchoolingEducation Counts  |
| The proportion of Māori who are able to speak te reo Māori well  | Te Kupenga |
| The proportion of Māori who are able to understand te reo Māori well  |
| Culturally strong - flourish through the practical expression of ritenga Māori, tikanga Māori and mātauranga Māori.  | The proportion of Māori who think it is important to be involved in things to do with Māori culture  | Health and Lifestyles Survey  |
| **Whakapuāwaitanga me te pae ora** |
| Whānau needs are met, and unfair and unjust differences are eliminated  | The proportion of Māori secondary school leavers left school with a qualification at NCEA level 2 or above  | Census |
| Whānau live in a state of wai ora, mauri ora and whānau ora, which enables pae ora  | The proportion of Māori who rate their own health as excellent or very good  | New Zealand Health Survey |
| Whānau have the resources needed to thrive across the course of their lives; especially mokopuna who are unique taonga  | The proportion of Māori children living in households experiencing good material wellbeing  | Household Economic Survey |
| **Whanaungatanga me te arohatanga** |
| Active expression of strengths-based whakawhanaungatanga supports positive attachment and belonging  | The proportion of Māori who think their whānau get along well together  | Te Kupenga |
| Flourish in environments of arohatanga (care, love and compassion) and manaaki (protection, respect, generosity)  | The proportion of Māori who find it very easy to find someone to support them in times of need  |
| The proportion of Māori who think their whānau are doing well  |
| Kaupapa and whakapapa whānau collectively flourish intergenerationally  | The proportion of Māori who felt they had the right amount of whānau support in times of need  |
| Kotahitanga (unity, collective action and solidarity) is realised   | The proportion of Māori adults who are registered with an iwi  |
| **Wairuatanga me te manawaroa** |
| Taonga Māori are revitalised and nurtured; the unique relationship and spiritual connection Māori have to te taiao, whenua, whakapapa and whānau is actively protected, enhanced.  | The proportion of Māori who report knowledge of own iwi and hapū  | Te Kupenga |
| The proportion of Māori who are involved in iwi/hapū environmental planning or decision-making  |
| **Tūmanako me te ngākaupai** |
| Whānau are hopeful  | The proportion of Māori who think things are getting better for their whānau  | Te Kupenga |

**Wellbeing from a shared perspective**

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| **Outcome concept** | **Indicator** | **Source** |
| **Being safe and nurtured** |
| People feel safe, secure, and are free from harm and trauma.  | The proportion of people who reported high levels of trust in most other people   | General Social Survey |
| The proportion of people who feel their quality of life is not affected by worrying about crime   |
| People live in, learn in, work in, and visit safe and inclusive places.  | The number of work-related injury claims per 1,000 full-time equivalent employees | Accident Compensation Corporation |
| People enjoy nurturing relationships. | The proportion of people who report feeling lonely a little or none or of the time in the last four weeks  | General Social Survey |
| People of all ages have a sense of belonging in families and / or social groups. Where people experience disconnection, they can reconnect or form new positive connections  | The proportion of adults who had face to face contact with friends who do not live with them  | General Social Survey |
| A sense of belonging (index measure)  | Programme for International Student Assessment (PISA)  |
| **Having what is needed** |
| Access to healthy kai (food) | The proportion of people who have gone 'a little' or 'a lot' without fresh fruit and vegetables in last year to keep costs down  | General Social Survey |
| Support and resources needed to maintain health throughout their life and experience equitable health outcomes | The proportion of adults who rated their health status as good, very good or excellent | New Zealand Health Survey  |
| People live in healthy and stable homes  | The proportion of households living in a crowded house | General Social Survey |
| Lifelong learning  | The proportion of adults enrolled in any study whether formal or informal  | Household Labour Force Survey |
| Safe physical activity  | The proportion of people who undertake 2.5 + hours of physical activity per week  | New Zealand Health Survey  |
| Support and resources needed to maintain health across their life course and experience equity of health  | The proportion of adults who experience one or more types of unmet need for primary health care  |
| Time for leisure  | The proportion of people who feel they had enough leisure time  | *The indicator is still yet to be developed* |
| Creative outlets  | The proportion of people who participate in the arts  | New Zealanders and the arts survey |
| People live in communities and environments that enable health and wellbeing  | Alcohol licence density  | *Not available* |
|  | Gambling machine density  |
| The proportion of people who have safe drinking water. | Ministry of Health, Drinking Water  |
| The proportion of people who said it was very easy to get to their nearest park or green space  | General Social Survey |
| Having enough money and financial security  | The proportion of households who felt their income was enough or more than enough to meet their everyday needs  | Household Economic Survey |
| People, families, and communities have the resources needed to flourish  | The proportion of people score of 7/10 or higher for life satisfaction  | General Social Survey |
| **Having one’s rights and dignity fully realised** |
| Fully participate in communities and broader society and live free from all forms of racism, stigma and discrimination  | The proportion of people who reported experiencing discrimination in the last year  | General Social Survey |
| The proportion of people who reported experiencing racism in the last year | General Social Survey |
| **Healing, growth and being resilient** |
| Emotional wellbeing  | The proportion of people who reported high positive mental wellbeing  | General Social Survey |
| Skills, resources and support to navigate life transitions, challenges and distress  | The proportion of people who said it would be 'very easy' or 'easy' to talk to someone if they felt down or a bit depressed  |
| The proportion of hazardous drinkers  | New Zealand Health Survey |
| Experience & manage a range of emotions. Families celebrate each other’s strengths  | The proportion of people who rate their family wellbeing highly  | General Social Survey |
| **Being connected and valued** |
| Connected to culture, language, beliefs, religion and/or spirituality  | The proportion of Māori who are te reo speakers  | Census |
| Valued for who you are - free to express their unique identities  | The proportion of people who think it is easy to be themselves  | General Social Survey |
| **Having hope and purpose** |
| Have a sense of purpose and are hopeful about the future  | The proportion of people who report life is worthwhile | General Social Survey |
| The proportion of people who report ‘high’ life satisfaction |
| Voices, perspectives, and opinions are heard and respected. People make self-determined decisions about the future and have the resources needed to pursue goals, dreams, and aspirations  | The proportion of people who feel they have control over their lives | *The indicator is still yet to be developed* |