

# He Ara Oranga wellbeing outcomes framework - Summary

Our Vision: "Tū tangata mauri ora, thriving together."

This will be achieved when tangata / people, whanau / families and hapori / communities in Aotearoa experience...



# Te Ao Māori Perspective Tino rangatiratanga me te

mana motuhake - Legal, human, cultural, and other rights of whānau are protected, privileged, and actioned.

# Whakaora, whakatipu kia manawaroa - Whānau are culturally strong and proud whānau flourish through the practical expression of ritenga

### Whakapuāwaitanga me te pae ora - Whānau have the resources needed to thrive across the course of their lives and equitable wellbeing is the norm.

## Whanaungatanga me te arohatanga - Whānau flourish in environments of arohatanga and manaaki and kotahitanga is realised.

## Wairuatanga me te manawaroa - The mauri and wairua of whānau are everincreasing, intergenerationally.

# Tūmanako me te ngākaupai -

Māori, tikanga Māori, and mātauranga Māori.

Whānau are hopeful and feel positive about self-defined future goals and aspirations.



# **Shared Perspective**

# Being safe and nurtured -

People have nurturing relationships that are bound by kindness, respect, and aroha (love and compassion) and are free from harm and trauma.

# Having what is needed -

People, families, and communities have the support and resources needed to flourish.

## Having one's rights and dignity fully realised - All people are treated with dignity, can fully participate in their communities and broader society, and live free from all forms of racism, stigma, and discrimination.

Healing, growth and being resilient - People and families experience emotional wellbeing which includes having skills, resources, and support needed to navigate life transitions, challenges, and distress.

#### Being connected and valued -

All people are valued for who they are, are free to express their unique identities, and are connected to communities.

# Having hope and purpose -

People, families, and communities have a sense of purpose and are hopeful about the future.

