



Access to mental health and addiction services: Focus group questions



Published: November 2023

About this document



This document is from **Te Hiringa Mahara – Mental Health and Wellbeing Commission.**



In this Easy Read document:

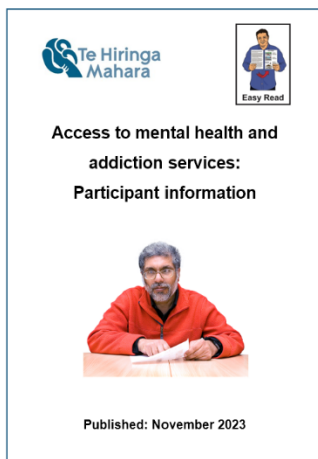
- Te Hiringa Mahara – Mental Health and Wellbeing Commission is called the **Commission**
- when you see the words **we / us / our** it means the Commission
- **services** means:
 - mental health services
 - addiction services.



This Easy Read document has questions we will ask people who are part of our **focus groups**.



A **focus group** is a group of people who have something in common with each other.



There is an Easy Read document called:

Access to mental health and addiction service: Participant information:

In the Easy Read Participant information document there is information about:

- what the focus group is
- what questions the focus group will be asked
- how we will use what you have shared with us.



Focus group questions



There are a total of **10** questions.



There are **5** each questions about:

- Accessing services
- Choosing services.

Accessing services

Question 1:

How easy is it for you to access services:



- when you need to
- where you need to.

Question 2:

- Do you have support to assist you to access services?
- Is it easy to access this support?



Question 3:

Are there things that make it hard for you to access services?



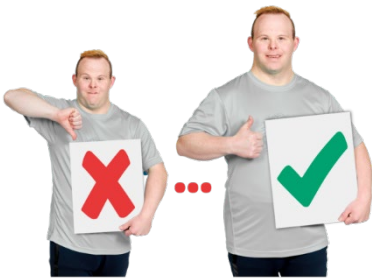


Question 4:

Has it been easier or harder for you to access services between:

- 2018
- 2023.

Question 5:



- What does easy access to service look like for you?
- What changes would you like to see happen?

Choosing services

Question 1:



- Can you choose what services you access?
- What choices in services do you have?

Question 2:



Has it been easier or harder for you to choose the services you access between:

- 2018
- 2023.



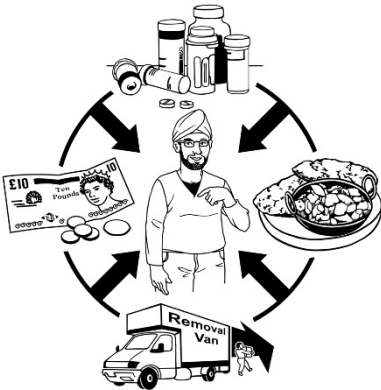
Question 3:

Have you found more services to choose from between:

- 2018
- 2023.

Question 4:

- What does choice mean to you?
- What changes would you like to see that would make it easier for you to choose the services you access?



Question 5:

What changes do you think need to happen so you have more choice in services?

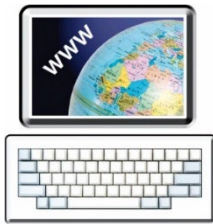


Where to find more information



You can find more information about the Commission on our **website**:

www.mhwc.govt.nz



You can contact the Commission by:



- **email:**

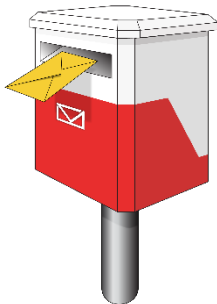
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- **post:**

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This information has been written by Te Hiringa Mahara – Mental Health and Wellbeing Commission.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



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