



Access to mental health and addiction services: Consent form



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About this form



This form is from **Te Hiringa Mahara – Mental Health and Wellbeing Commission.**

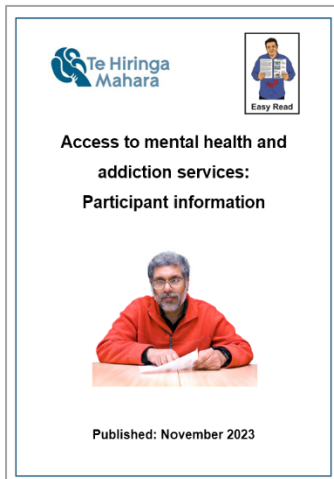


In this Easy Read document:

- Te Hiringa Mahara – Mental Health and Wellbeing Commission is called the **Commission**
- when you see the words **we / us / our** it means the Commission
- **services** means:
 - mental health services
 - addiction services.



This Easy Read consent form is for people who want to be a part of a focus group for us.



There is an Easy Read document called:

Access to mental health and addiction service: Participant information:

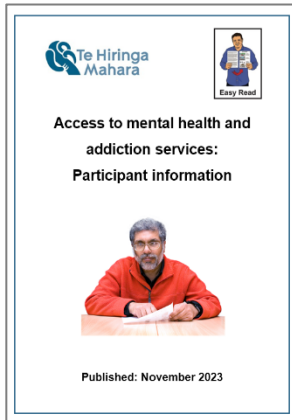


In the Easy Read Participant information document there is information about:



- what the focus group is
- what questions the focus group will be asked
- how we will use what you have shared with us.





It is important that you read the Participant information document before:

- reading this consent form
- signing this consent form.



How to fill in the form

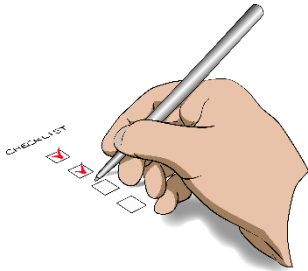


You can:

- fill in this form yourself
- ask someone you trust for support.



There are **4 questions** in this form.



For each question you should:

- tick the box that works best for you
- write your answer on the lines below.





You can send us your consent form
by email to:

kiaora@mhwc.govt.nz



Please ask us any questions before
you take part in the focus group.



You can contact us by calling:

021 594 353



If you find it hard to use the phone
the **New Zealand Relay** service is for
people who are:

- Deaf / hard of hearing
- deafblind
- speech impaired / find it hard to talk.



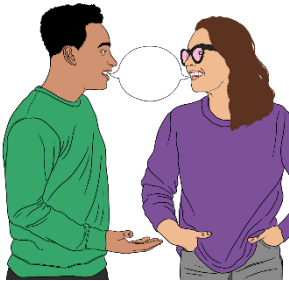
You can find out more about the New
Zealand Relay service at:

www.nzrelay.co.nz

Privacy and consent



Consent means you agree to do something.



We acknowledge that the stories people share with us are taonga / treasures.

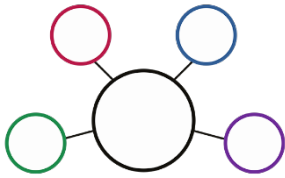


We will treat what you tell us with respect.

The information you share with us will be used in our new report about:



- what we heard from people
and
- their experiences of accessing services.



If you agree we may also use what you tell us in other projects.

We will contact you to:



- let you know what the project is
- check if you are okay with us using the information you shared.



In the consent form we ask you if we can write:

- your name in our reports
- what you have said in our reports.



If you say no:



- we will not use your name
- we may use what you said in our report but no one will know it was you.



You do not have to answer any question you do not want to.



If you change your mind about something you have told us you can email us to let us know by **emailing** us at:



kiaora@mhwc.govt.nz



To make sure we get all the information you share with us the focus group will be:

- recorded
- **transcribed** which means what everyone says will be written down.



These will only be looked over by the:

- transcription team
- Commission.



It is okay if you do not want to use your camera.

Koha



You can get a **koha** payment for being part of the focus group if you are not already getting paid to be part of group.



A **koha** is a gift of some money.



This is a way of us saying thank you for being part of the focus group.



We will give 50 dollars each hour you are part of the group.



We will put the money into your bank account.



This will happen:

- fifth of the next month
- twentieth of the next month.



If you want to get a koha please add your bank details below.

Bank account name:

Bank account number:

Consent form

Question 1:



Can we use what you have said in:

- our report
- report summary.

Tick the box that is best for you:

- Yes – the Commission can use what I have said

- No – the Commission can not use what I have said.

Question 2:



Do you want us to use your name in our reports?

Tick the box that is best for you:

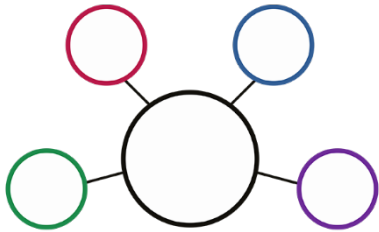
- Yes – the Commission can use my name

- No – the Commission can not use my name.

If you said yes please write your name here:



Question 3:



Can we use what you share with us in our other work?

Tick the box that is best for you:

- Yes - the Commission can use what I share in their other work

- No - the Commission can only use what I share for their reports.

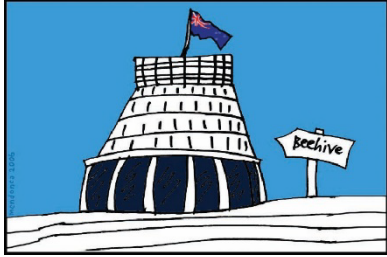


Question 4:

Do you want us to use your personal details like your name for **Official Information Act** documents?

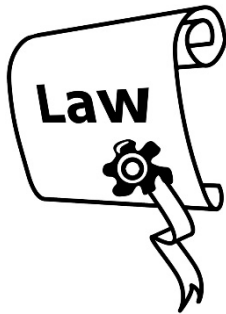
Tick the box that is best for you:

- Yes - my personal details can be used in Official Information Act documents
- No - my personal details can not be used in Official Information Act documents.

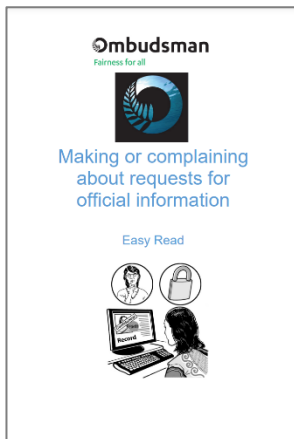


Official Information is information that the:

- Government has
- a government agency / organisation has.



One of the laws about this is the **Official Information Act 1982.**



There is an Easy Read document called **Making or complaining about requests for official information** that you can find here:

<https://shorturl.at/bgmqF>

In this document there is information like:



- what is official information
- who can ask for official information
- how to get official information.

Anyone can ask for official information like:



- any of the notes from the focus group
- transcripts from the focus group.

Where to find more information



You can find more information about the Commission on our **website**:

www.mhwc.govt.nz



You can contact the Commission by:

- **email:**

kiaora@mhwc.govt.nz

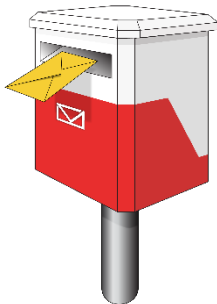


- **post:**

Te Hiringa Mahara

DX Box SP22502

Wellington





This information has been written by Te Hiringa Mahara – Mental Health and Wellbeing Commission.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



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