

# Briefing

# Meeting with Te Hiringa Mahara Mental Health and Wellbeing Commission

Date due to MO:	1/05/2024	Action required by:	9/05/2024
Security level:	UNCLASSIFIED	Briefing number:	BN2024-006
То:	Hon Matt Doocey, Minister	for Mental Health	
Copy to:			

# Contact for Telephone Discussion

Name	Position	Telephone
Karen Orsborn	Chief Executive	
Stuart Allan	Director Corporate Services	

# Minister's Office to Complete

□ Approved	□ Decline	□Noted
□ Needs change	□Seen	□ Overtaken by event
□ See Minister's note	□ Withdrawn	
Comment:		

# Meeting with Te Hiringa Mahara Mental Health and Wellbeing Commission

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### **Purpose**

1. The purpose of this paper is to provide a proposed agenda and key discussion points for a meeting with you, Hayden Wano, Board Chair and Karen Orsborn, Chief Executive of Te Hiringa Mahara - Mental Health and Wellbeing Commission on Thursday 9 May 2024.

# Proposed agenda

- 2. We propose the following items for discussion.
  - Our current work
    - i. Mental health and addiction service monitoring
    - ii. Report on Pacific peoples wellbeing
    - iii. Insights report on Kia Manawanui implementation

#### Current work

#### Mental health and addiction service monitoring

- 3. Kua Tīmata Te Haerenga | The Journey Has Begun is our 2024 service monitoring report across publicly funded mental health and addiction services and emergency responses. This monitoring report focuses on access to mental health and addiction services and options available over the five years from July 2018 to June 2023.
- 4. We will provide more detail at the meeting on 9 May, the key findings of the report are:
  - Access to primary and community services has increased and access to specialist services has decreased (from 3.8% to 3.4% of population)
  - Increasing pressure on specialist services due to an increase in complexity of need and workforce challenges
  - The system needs to be strengthened to meet the needs and aspirations of Māori
  - Rangatahi and young people need to continue to be a focus.
- 5. The monitoring report includes calls to actions (system level changes) and we are developing recommendations in key areas ('who needs to do what' to achieve system level change). Calls to action include increased access to services; increased choice of

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- services; strengthened connections between services, and improved data and insights. Te Hiringa Mahara is engaging with key agencies to determine how to finalise and progress recommendations.
- 6. Alongside the monitoring report, we will be releasing an update of the He Ara Āwhina dashboard, a Voices report (provides more depth on what we heard from the sector and communities), and infographics.
- 7. Your office will be briefed on the monitoring report and associated products by 27 May 2024, for a planned 6 June 2024 publication. Information about communications planning will be included in the briefing.

#### Report on assessment of mental health and wellbeing for Pacific peoples

- 8. On 23 May 2024, we will publish two outputs as part of our strategic priority to achieve equity of outcomes. We will publish an infographic with key quantitative findings from our assessment of status of mental health and wellbeing for Pacific peoples using the He Ara Oranga framework. This will be accompanied by a report entitled 'Achieving equity of Pacific mental health and wellbeing outcomes' that draws on engagement with communities and Pacific organisations. The report highlights determinants to improved mental health and wellbeing as well as examples of what works at a community level to support Pacific peoples to thrive.
- 9. With your support, we propose to meet with Hon Dr Shane Reti, in his roles of Minister of Health and Minister for Pacific Peoples, to share the report and discuss key findings with him.
- 10. Your office, and Hon Dr Shane Reti, will receive a full briefing on the report by 16 May 2024, sharing an overview of key findings and communication planning.

#### Insights report on progress toward Kia Manawanui implementation

- 11. Kia Manawanui Aotearoa 2021 is the all-of-government long-term pathway describing short-, medium-, and long-term actions to fundamentally change our mental health and wellbeing system.
- 12. Drawing on interviews with 33 leaders from across the mental wellbeing system, 'Kia Manawanui: Leadership as a mental health and wellbeing system enabler insights paper' is the first independent monitoring report on progress toward the leadership actions in Kia Manawanui Aotearoa.
- 13. Our analysis shows that progress towards short-term goals for system leadership overall is mixed. Our calls to action stress the importance of investment in independent lived experience led infrastructure. We call for organisations' need to better recognise the value and importance of leadership from lived experience, Māori and tangata whaiora communities; and invest in the systems needed to support transformation and drive improved outcomes.

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14. Your office will be briefed on the insights paper by 31 May 2024 for a planned 13 June 2024 publication. The briefing will also cover our communications planning, which we expect to focus on government and sector stakeholders, with webinars for sharing findings.

## Strategic context

### Chair meeting with Labour party spokesperson for Mental Health

15. Hayden Wano, Board Chair, has met with Ingrid Leary, Labour party spokesperson for Mental Health twice at her request (February and April 2024). Discussion covered the Mental Wellbeing cross-party group, the Pae Ora Amendment Bill, and the relationship between mental health and Corrections services.

#### **Board appointments**

16. We have a Board vacancy following the recent resignation of Taimi Allan. Manatū Hauora has commenced discussions with the Chair and applications have closed.

#### Accountability documents

- 17. Your office has received a draft of our 2024/25 Statement of Performance Expectations, provided under the Crown Entities Act for your comment.
- 18. Our draft 2024/25 SPE sets out our work programme for the period 1 July 2024 30 June 2025, detailing how we will give effect to the Mental Health and Wellbeing Commission Act 2020. It is also reflects your priorities as outlined in your Letter of Expectations.
- 19. We remain committed to working collaboratively and collectively across government where we can add most value in achieving improved mental health and wellbeing outcomes.
- 20. You have requested we liaise with the Ministry of Health regarding a timeline for an updated Statement of Intent (SOI) reflecting the new priorities of this government. We have agreed to provide an updated SOI by 1 November 2024.
- 21. We note our current SOI is from 2022-2026, and we are in our final year of operation under the current SOI. We are developing our 2025-2029 SOI for as part of our strategic refresh this year, and you will be receiving a new SOI from 1 July 2025.

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### Next steps

22. We will continue to keep you abreast of our work programme and strategic direction through briefings and monthly meetings.

## Recommendations

We recommend you:

a) **note** the contents of this briefing **Yes / No** 

b) **note** Te Hiringa Mahara intends to proactively release this briefing as **Yes / No** part of our proactive release policy



Karen Orsborn
Chief Executive

Date: 1/05/2024

Hon Matt Doocey

Minister for Mental Health

Date:

# **ENDS**

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